



*Exceeding Expectations with
Orthopedic Manual Physical
Therapy*

FOR IMMEDIATE RELEASE

Peak Performance Physical Therapy Now Offering Lymphedema Treatment Services
Now accepting new patients with appointments available within 24–48 hours

Lansing, MI — August 28, 2025 — Peak Performance Physical Therapy is excited to announce the launch of specialized **lymphedema treatment services**, now available at our clinics. Our highly trained occupational therapists are accepting new patients and can provide appointments within 24–48 hours to ensure timely care.

Lymphedema, a condition that causes swelling due to a buildup of lymphatic fluid, often occurs after cancer treatment, surgery, or injury, and can significantly impact a person's daily life. At Peak Performance Physical Therapy, our occupational therapists are specially trained in lymphedema management, including manual therapy, compression techniques, exercise, and patient education.

“We are proud to expand our services to better meet the needs of our community,” said Jill Marlan, CEO and Founder of Peak Performance Physical Therapy. “Lymphedema can be challenging, but with the right care, patients can greatly improve their comfort, mobility, and quality of life. Our team is here to provide expert, compassionate care.”

Patients experiencing swelling in the arms, legs, or other areas are encouraged to contact Peak Performance Physical Therapy to schedule an evaluation. With same-week availability, patients can begin treatment quickly and take the first step toward relief.

About Peak Performance Physical Therapy:

Peak Performance Physical Therapy has four locations across Mid-Michigan and is recognized for expert, hands-on orthopedic care. With the addition of Occupational Therapy in Lansing, the practice expands its mission to provide comprehensive, individualized care to help patients live fuller, more functional lives.

PeakPerformanceOMPT.com

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